

# HSS

# Recovery Equipment



## MOIRA MCCARTHY MD

ORTHOPAEDIC SURGERY & SPORTS MEDICINE

### Surgical Locations:

**HSS Main Campus** - Main Hospital  
535 East 70th Street  
New York, NY 10021

**HSS ASC of Manhattan**  
1233 2nd Avenue (bwt. 64th and 65th St.)  
New York, NY 10065

**HSS Orthopaedics at Stamford Hospital**  
Tully Health Center  
32 Strawberry Hill Ct  
Stamford, CT 06902

**Get your recovery equipment before surgery — an ice machine helps reduce pain and swelling after your operation.**

**At minimum, an ice machine is highly recommended** (purchase or rental option). A knee or shoulder bundle is recommended.



### Chosen for you

Products reviewed by Dr. McCarthy for your recovery

### 1–3 days

Delivery in 1–3 business days

### Use your HSA

Not covered by insurance; pay with an HSA account or other method

### Order early

So you have them right after surgery

## HOW TO ORDER FROM THE RECOVERY SHOP

1

Visit the website or scan the QR code

2

Review recommended products

3

Select products (purchase or rent)

4

Check out and pay

5

Receive in 1–3 business days



Or scan to order

### Need help with your order? Contact The Recovery Shop directly

PHONE

**860-500-5020**

EMAIL

**info@shop-recovery.com**

ONLINE

**shop-recovery.net/mccarthy**

Call them if you need help with your order, can't order online, or have questions about a product. Orders are no longer processed through our office.

**Disclosure:** Dr. McCarthy has a financial relationship with The Recovery Shop. Patients may select an alternative vendor. For information, ask the office staff.